

# KINDNESS

Showing others they are  
valuable by how you treat them



K-5<sup>TH</sup>  
GRADE

## READ 1 JOHN 4:20-21

## DAY 1

Wow. The apostle John tells us some brutal truth in 1 John. If we say we love God, but we don't love our brother or sister (which could be your actual brother or sister, or a friend, classmate, teammate), we're liars. Ouch. Apparently God takes this whole "being kind to your family and friends thing" pretty seriously!

In the classic Disney movie *Pinocchio*, Pinocchio's nose grows every time he tells a lie. Stand in front of a mirror and use a dry erase/washable marker to write around the reflection of your nose on the mirror. Write the names of family and friends who you know you need to be kind to. Every time you see their names around your nose this week, ask God to help you be kind to those people.

**KNOW** that loving God means loving others too.

## READ GALATIANS 6:10

## DAY 2

Why do you think the Bible says it's even more important to be kind to people who are followers of Jesus? I think it's because nothing shows others how loving and kind God is more than when His own followers treat each other well.

Grab a sheet of paper and draw three circles on it. Inside the three circles, write the names of three different people who you know love and trust Jesus. Below their name, write one way you can be kind to them. Then outside the circle, write the names of other people who might see that act of kindness. Pray for those people, that they'll see who God is when you are kind to your "inner circle" this week.

**ALL** God to help you shine His light with kindness.



## READ PSALM 133:1

DAY 3

When you live at peace with someone it doesn't mean that there won't be hard times. But when you and your friends or family work through the hard times it shows God's kindness to them and it leads to peace.

Find some paper that is lying around. Then write a kind note on each piece. For example, you are awesome or you are smart. Lay each piece on the ground in your favorite room and take a walk along this path. Invite your friends or someone from your family to do this with you. As you do, remember that God wants us to take the path that leads to kindness and peace in all our relationships.

**ASK** God to help you live at peace with your family and friends this week.

## READ PROVERBS 17:17

DAY 4

Being kind means being there for your friends when they need you. When the people of Metropolis needed help from Batman, they would send up a "Bat Signal" so he would know to show up and help. Recruit your brother or sister or a good friend and come up with your own version of the Bat Signal—something you can use so your friend or sibling can help you, or they can use to call for help when they need it. It could be a code word, a hand signal, or something even more creative!

**THANK** God for friends who are kind and help you when you're in trouble.

BE KIND

to your family  
and friends.

