

KINDNESS

Showing others they are
valuable by how you treat them

WEEK
3

K-5TH
GRADE

READ ROMANS 12:16

DAY 1

Pull out your five favorite toys or stuffed animals and rank them according to your favorite. That's probably pretty easy to do, and it's no big deal since your toys don't have feelings, right?

But in real life, it's hurtful when we feel like someone thinks we're not as good as they are. Most of us have experienced situations where we could tell someone else thought they were better than us—or maybe we were the ones who felt better than someone else. It's not a good feeling, and that's because it's not true. We were all created by the same God who loves us all equally.

So pick up all those toys and give 'em a big squeeze as a reminder that we're all valuable and worthy of kindness.

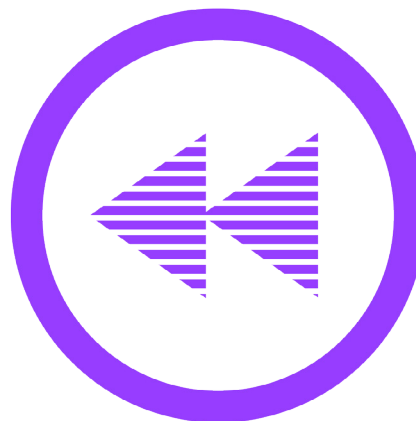
LISTEN to what God says about our value: we're all equal in His sight!

READ JAMES 2:8-9

DAY 2

Treating everyone the same means treating people like you would want to be treated. Take a look at the list of kind acts below and circle your top three—things you would love for someone to do for you.

- Someone holds the door open for you.
- Someone new invites you over for a play-date.
- Someone gives you a compliment.
- Someone colors you a picture or makes you a craft.
- Someone lets you go first.
- Someone bakes you a treat.
- Someone helps you clean up a mess they didn't make.
- Someone writes you a thank you note.
- Someone helps you with your chore.
- Someone helps you study.



Now that you've circled those top three, make them happen for someone else—especially for someone that you wouldn't normally think to be kind to.

KNOW that you should treat those who are overlooked like you would want to be treated.



READ DEUTERONOMY 15:11

DAY 3

Deuteronomy 15:11 was written to the Israelites, but it could just as easily apply to us and our world. No matter where you live, or how old you are, you know someone who is in need. They may need help with money, clothes, food, or they may simply need a friend. But they will always be around (and sometimes, we may be the ones in need!) so we need to have open hands, ready to help however we can.

Open your hand and use a pen to write the word KIND. As you see the word on your hand today, remember how you should always have open hands to help someone who is overlooked.

LISTEN for that still, small voice that will lead you to be kind to someone who is overlooked.

READ ROMANS 12:13

DAY 4

Many times the people who are overlooked in our world are people who need help. Sometimes the people that provide us important services that we take for granted can feel overlooked. And if you've ever been the new kid on the team or student at school, you know how you can feel overlooked when everyone else has a friend already.

The people on the left side of this list are often overlooked. The list on the right are ways that you can be kind to those people. Match the deeds with the person and create a kindness plan to show people who might be overlooked how valuable they are. *(Note: Some of these things should only be done with the help of a parent or small group leader!)*

School janitor	Offer to have her kids over to play
Traffic cop	Invite him/her to sit with you at lunch
Homeless person	Draw a picture or write a thank you note
Grocery store bagger	Buy him or her a meal
New kid at school	Bake cookies to take to him/her
Single working mom	Surprise him/her with a tip & a thank you
An elderly person living alone	Smile and wave

ASK God to help you be kind to someone who is overlooked today.

BE KIND

to people who
are overlooked.

