



WEEK ONE

EXODUS 3, PSALM 118:7

God speaks to Moses from a burning bush to tell him what to do and promises to be with him.

SAY  
THIS

WHO KEEPS  
HIS PROMISES?  
GOD KEEPS  
HIS PROMISES.



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SAY  
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WHO KEEPS  
HIS PROMISES?  
GOD KEEPS  
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DO  
THIS



MORNING TIME

When you go into your child's room this month, say, "Good morning! God loves you THIS much (hold your arms out wide) and so do!!" (Wrap your arms around your child and give them a big hug.)

DO  
THIS



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When you go into your child's room this month, say, "Good morning! God loves you THIS much (hold your arms out wide) and so do!!" (Wrap your arms around your child and give them a big hug.)

REMEMBER THIS

"Trust the Lord with all your heart."  
Proverbs 3:5, NCV

BASIC  
TRUTH

GOD LOVES ME.

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BASIC  
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GOD LOVES ME.

## THE BEST WAY TO HELP YOUR FOUR-YEAR-OLD LEARN

By Jennifer Walker

Who *really* knows what provokes that mischievous glint in the eye of a four-year-old just moments before they deliver the kick that makes the block tower tumble? I suspect it's something about the thrill of destruction combined with the wondrous spectacle of discovery.

Four-year-olds blend the reckless abandon of toddlerhood with the wide-eyed glimmer of preschool learning. You don't have to look very closely to see the wheels turning in that still-disproportionately-large head of theirs. They're taking in everything they possibly can about the big world around them—categorizing things, naming things, and putting it all together like a puzzle.

But the world of a preschooler is much more complex than the average puzzle. Every time your four-year-old learns something new, they will immediately discover three more things they never thought to ask. Life is a maze of questions and answers that lead to more questions.

As a preschool leader at a church preschool, I still remember the day I was tasked with teaching the Ten Commandments. An advanced four-year-old child who could read asked me what "adultery" meant. Caught off guard, I replied, "It has the word 'adult' in it, and when you are one, you'll understand."

Four-year-olds are notorious for asking

questions that are hard to answer in their terms. Most parents of four-year-olds will find themselves stumbling through long, winding explanations about things they aren't even sure they know how to answer in adult terms. But don't overthink it. Most preschoolers will remember the reaction on your face and the tone of your voice far longer than they will the accuracy of your words. It's okay to leave some questions unanswered. Or, better yet, to only give the shortest, simplest answer possible. Just remember the privilege of simply connecting to the heart of the four-year-old who is looking to you to guide them. We are, as exhausted explainers of every variety, quite beautifully, the first voice that gets to show the way.

Maybe that's what makes this year the most incredible year for establishing a solid foundation in your preschooler's heart and mind. You are their first teacher, setting the tone for the elementary school years. So use this year to engage their wonder and imagination. Take a few minutes each week to get into their world. Listen and learn alongside them. Let their curiosity remind you to ask a few questions about life that maybe you haven't considered in a very long time.

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